Calculate the value of your contents





This guide will help you work out how much contents insurance you need. Then we can help protect those things that matter to you.

When working out how much contents cover you need, you need to think about the possessions you own. Everything from your clothes, books and sheets, to your kitchen utensils and computers.

The 'sum insured' on your policy is the maximum amount you can claim. That's why it's so important to set the right figure. You should also check your policy wording to see what you are covered for.

If you are an existing customer, you might have calculated your contents when you took out your policy. But if you've purchased anything since then, it could be worth reviewing.

We've put together a list of contents that may be in your house. We recommend you go from room to room in your home and write down the approximate value of each item. Jewellery, antiques and fine art are more difficult to value – sometimes a professional valuation is required.

The total amount of all the items represents how much contents cover you need.

We will pay up to the sum insured as stated in your certificate of currency or less, subject to the terms and conditions of your contents wordings. Please refer to the detail of the terms, conditions and exclusions.

Any questions? We're here to help

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Major furnishings	Dining room
Carpet, rugs	Dining suite
Curtains, drapes, blinds	China, crystal, pottery
Light fittings	China cabinet
Total	Silverware
Living room	Liquor
Lounge suite	Other
Stereo, radio	Total
Wall unit	Master bedroom
CDs, cassettes, records	Beds, pillows, mattress
Television	Bedroom suite
Bookcases	Dressing table
Books, DVDs, games	Desks, chests
Video, DVD player	Radios, stereo, TV
Coffee tables	Other
Other	Total
Total	
Other bedroom	General
Beds, pillows, mattress	Sewing machine, etc
Bedroom suite	Linen, bedding, blankets
Dressing table	Computer software
Desks, chests	Garage fridge, freezer
Radios, stereo, TV	Lawn mower, garden
Other	appliances
Total	Camping gear
Other bedroom	Bicycles
Beds, pillows, mattress	Tools, garden equipment
Bedroom suite	Paintings, pictures
Dressing table	Landline
Desks, chests	Heaters, electric fans
Radios, stereo, TV	Mirrors
Other	Toys
Total	Books
Bathroom	Ladders, wheelbarrows
Towels	Outdoor furniture
Toiletries, cosmetics	Vacuum cleaner
Medicines, first aid	Pram, pushchair
Scales	Clocks
Hair dryer, shaver	Other
Other	Total
Total	



Kitchen	Personal items	
Fridge, freezer	Clothing	
Dishwasher	Home computer	
Frozen food	Jewellery, watches	
Table and stools	Video camera	
Glassware, crockery	Footwear	
Pots, pans, bowls	Sports equipment,	
Microwave	sleeping bags	
Food processor	Watches	
Cutlery	Camera	
Fry pan, crock-pot	Bags, suitcases, wallets	
Rice cooker	Spectacles, sunglasses	
Utensils	Mobile phones	
Other electrical	Total	
appliances Food mixer	You can now add together the category totals to work out the total value of your contents.	
Coffee machine	Summary	
Radio	Major furnishings	
Sandwich maker	Living room	
Jug, kettle	Dining room	
Toasters	Master bedroom	
	Master beardorn	
Other	Other bedroom	
Other Total		
Total	Other bedroom	
Total Laundry	Other bedroom Other bedroom	
Total Laundry Brooms, mops, buckets	Other bedroom Other bedroom Bathroom	
Total Laundry Brooms, mops, buckets Cleaning materials	Other bedroom Other bedroom Bathroom Kitchen	
Total Laundry Brooms, mops, buckets	Other bedroom Other bedroom Bathroom Kitchen Laundry	
Total Laundry Brooms, mops, buckets Cleaning materials Clothes dryer	Other bedroom Other bedroom Bathroom Kitchen Laundry General	
Total Laundry Brooms, mops, buckets Cleaning materials Clothes dryer Iron Ironing board	Other bedroom Other bedroom Bathroom Kitchen Laundry General Personal items	
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